

PANTHER MAKER SUMMER TRAINING PROGRAM

WHO: ALL SPRING HILL ISD STUDENT-ATHLETES ENTERING GRADES 7-12

WHEN: MONDAY - THURSDAY JUNE 12, 2017 - JULY 27, 2017, 9:00 AM - 11:00 AM

NO WORKOUTS ON: JULY 3 - 7, 2017

WHERE: SPRING HILL HIGH SCHOOL ATHLETIC COMPLEX

COST: \$50 FOR THE 6-WEEK PROGRAM (IF SCHOLARSHIP NEEDED, TALK TO COACH MERCER)

The **"Panther Maker"** is a comprehensive "all sport: conditioning program offered to all Spring Hill ISD student athletes entering grades 7-12.

The program will provide student athletes with a challenging 6 week program designed to specifically to enhance overall athleticism through intense speed, strength, agility, flexibility and cardiovascular training.

Panther Maker Summer Training Program Enrollment Form

STUDENT'S NAME _____ GRADE ENTERING 2017 _____

M / F (CIRCLE ONE) _____ ATHLETE'S PHONE _____

MAILING ADDRESS _____ CITY _____ ZIP _____

EMAIL ADDRESS _____ CELL _____

EMERGENCY CONTACT: NAME _____

RELATIONSHIP TO STUDENT _____

PHONE (1) _____ (2) _____

EMAIL _____

I, the undersigned parent or guardian, attest that _____ is to the best of my knowledge, in good physical health.
(Athlete name)

I understand that there are inherent risks in any conditioning program. Therefore, I hereby voluntarily waive any claims against Spring Hill ISD, and the staff for any personal injuries that may occur to the above athlete for the duration of the Panther Maker Summer Training Program.

Parent or Guardian Signature _____ Date _____